

**HIV self-tests give  
you the power to  
decide when and  
where to test.**

**LET'S STOP HIV TOGETHER**



Ending  
the  
HIV  
Epidemic

## Knowing your HIV status empowers you to make the best decisions for your health.



HIV rapid self-tests are a fast and easy alternative to in-person testing. HIV self-tests allow you to get tested in your own home or other private location.



HIV self-tests are done in 3 easy steps. Run the test swab across your gums to collect an oral fluid sample. Insert the swab into the test tube. Get your result in as little as 20 minutes.



No matter your test result, there are steps to keep you healthy and people waiting to support you. If you do not have HIV, you can choose the prevention options that work for you, like pre-exposure prophylaxis or PrEP. If you test positive, you can get on treatment. HIV treatment allows you to live a long, healthy life and prevents transmitting HIV.

### GET FREE HIV SELF-TESTS.



Scan this QR code to order free HIV self-tests. Tests are available regardless of health insurance or immigration status.



[cdc.gov/HIVSelfTesting](https://cdc.gov/HIVSelfTesting)