National Survey of Young Adults on HIV/AIDS

Chart Pack

Kaiser Family Foundation
November 30, 2017
Community and Personal Concern about HIV/AIDS

Among 18-30 year olds in the United States

“How serious of a concern is HIV/AIDS for people you know?”

- **White**
  - Not at all serious: 50%
  - Not too serious: 15%
  - Somewhat serious: 24%
  - Very serious: 10%

- **Black**
  - Not at all serious: 35%
  - Not too serious: 11%
  - Somewhat serious: 8%
  - Very serious: 46%

- **Latino**
  - Not at all serious: 35%
  - Not too serious: 12%
  - Somewhat serious: 12%
  - Very serious: 41%

“How concerned are you personally about HIV/AIDS?”

- **White**
  - Very concerned: 61%
  - Somewhat concerned: 20%
  - Not too concerned: 8%
  - Not a concern: 11%

- **Black**
  - Very concerned: 33%
  - Somewhat concerned: 33%
  - Not too concerned: 14%
  - Not a concern: 9%

- **Latino**
  - Very concerned: 40%
  - Somewhat concerned: 35%
  - Not too concerned: 13%
  - Not a concern: 12%
Personal Connection to HIV/AIDS

Among 18-30 year olds in the United States

“Do you know personally know anyone living with and/or who has died of HIV/AIDS?”

- Yes: 18%
- No: 64%
- Don’t Know: 17%

For race/ethnicity:
- White: 8%
- Black: 8%
- Latino: 9%

Family member, spouse, or close friend: 30%
Sense of Personal Risk

Among 18-30 year olds in the United States

“How worried are you about getting HIV?”

Very worried  Somewhat worried  Not too worried  Not at all worried

White
- Very worried: 6%
- Somewhat worried: 10%
- Not too worried: 31%
- Not at all worried: 53%

Black
- Very worried: 22%
- Somewhat worried: 30%
- Not too worried: 12%
- Not at all worried: 35%

Latino
- Very worried: 15%
- Somewhat worried: 29%
- Not too worried: 20%
- Not at all worried: 36%

2017 Kaiser Family Foundation National Survey of Young Adults on HIV/AIDS; conducted January 25 – February 16, 2017
**Awareness of PrEP**

*Among 18-30 year olds in the United States*

“As far as you know, is there a pill that people who do not have HIV can take to protect themselves from getting HIV, or does such a pill not exist?”

“As you may know, there is now a pill to protect people from getting HIV, sometimes known as PrEP or by the brand name Truvada. How much, if anything, have you heard about this pill?”

- **Yes**: 13%
- **No**: 55%
- **Don't Know**: 32%
- **Nothing at all**: 74%
- **A lot**: 3%
- **Fair amount**: 7%
- **Only a little**: 17%
Perceptions about PrEP

Among 18-30 year olds in the United States who have heard anything about PrEP

“As far as you know, how effective is PrEP in protecting people who take it from getting HIV?”

- Very: 18%
- Somewhat: 55%
- Not too: 17%
- Not at all: 5%
- D/K: 3%

“Do you think most people in the U.S. who want PrEP are able to get it, or not?”

- Yes: 35%
- No: 64%
- D/K: 1%
Know Someone Who has Used PrEP

Among 18-30 year olds in the United States who have heard anything about PrEP

“PrEP, also known as Truvada, is a pill to protect against getting HIV. Do you personally know anyone, including yourself, who has ever taken this prescription medication for HIV protection?”

- Yes: 15%
- Not Sure: 17%
- No: 68%
Perceptions and Experiences with PrEP by Race

Among 18-30 year olds in the United States who have heard anything about PrEP

Percent who say PrEP is “somewhat” or “very” effective in protecting against HIV

White: 77%
Black: 62%
Latino: 73%

Percent who say most people in the U.S. who want PrEP can get it

White: 38%
Black: 29%
Latino: 34%

Percent who know someone who has taken PrEP

White: 13%
Black: 10%
Latino: 16%

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Awareness of How HIV Treatment Works

Among 18-30 year olds in the United States

“Antiretrovirals (ARVs) are the medications to treat people living with HIV. As far as you know, how effective, if at all, are current treatment options in terms of each of the following…”

- Helping people with HIV live longer?
  - Very effective: 25%
  - Somewhat effective: 57%
  - Not too effective: 12%
  - Not at all effective: 4%

- Improving the health of people with HIV?
  - Very effective: 26%
  - Somewhat effective: 56%
  - Not too effective: 12%
  - Not at all effective: 4%

- Preventing the spread of HIV to sexual partners?
  - Very effective: 11%
  - Somewhat effective: 36%
  - Not too effective: 29%
  - Not at all effective: 23%

- Preventing the spread of HIV from a pregnant woman to her baby?
  - Very effective: 13%
  - Somewhat effective: 38%
  - Not too effective: 28%
  - Not at all effective: 18%
Understanding Treatment as Prevention

Among 18-30 year olds in the United States

“As far as you know, if someone who has HIV takes their medication as prescribed, does this reduce the risk of passing HIV to their sexual partners, or not?”

- Yes, significantly reduces risk: 10%
- Yes, somewhat reduces risk: 36%
- No, does not reduce risk: 52%
- Don't Know: 1%

“With ongoing antiretroviral treatment, some people with HIV can become undetectable. Have you heard this term before, or not?”

- Yes, heard of, and know what it means: 25%
- Yes, heard of, but don’t know what it means: 18%
- No, never heard of it before: 57%
Misperceptions about HIV Prevention

Among 18-30 year olds in the United States

“How effective, if at all, are the following at preventing HIV?”

- Very effective
- Somewhat effective
- Not too effective
- Not at all effective

**Condoms**

- **Correct Answer:** 32%
- 51%
- 11%
- 5%

**Birth control pills**

- **Correct Answer:** 81%
- 9%
- 6%
- 3%
Comfort with People Living with HIV

*Among 18-30 year olds in the United States*

“How comfortable would you be personally in the following situations…”

<table>
<thead>
<tr>
<th>Situation</th>
<th>Very comfortable</th>
<th>Somewhat comfortable</th>
<th>Somewhat uncomfortable</th>
<th>Very uncomfortable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Working with someone with HIV?</td>
<td>34%</td>
<td>32%</td>
<td>24%</td>
<td>9%</td>
</tr>
<tr>
<td>Having a close friend with HIV?</td>
<td>35%</td>
<td>30%</td>
<td>24%</td>
<td>11%</td>
</tr>
<tr>
<td>Having a roommate with HIV?</td>
<td>22%</td>
<td>27%</td>
<td>30%</td>
<td>21%</td>
</tr>
<tr>
<td>Having food prepared by someone with HIV?</td>
<td>18%</td>
<td>24%</td>
<td>33%</td>
<td>25%</td>
</tr>
<tr>
<td>Being in a sexual relationship with someone with HIV?</td>
<td>3%</td>
<td>5%</td>
<td>18%</td>
<td>73%</td>
</tr>
</tbody>
</table>

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Misperceptions about HIV Risk

Among 18-30 year olds in the United States

“What is the risk, if any, of HIV being passed from one person to another in each of the following ways...”

- Sharing plates, glasses, silverware
  - High risk: 63%
  - Low risk: 27%
  - Not a way HIV is spread [correct answer]: 11%

- By spitting
  - High risk: 46%
  - Low risk: 34%
  - Not a way HIV is spread [correct answer]: 20%

- From a toilet seat
  - High risk: 61%
  - Low risk: 28%
  - Not a way HIV is spread [correct answer]: 10%

- By kissing
  - High risk: 42%
  - Low risk: 36%
  - Not a way HIV is spread [correct answer]: 22%

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Conversations about HIV/AIDS

Among 18-30 year olds in the United States

“How often do you talk about HIV with each of the following...”

**Family Members**
- Never: 59%
- Rarely: 24%
- Sometimes: 7%
- Often: 2%
- N/A: 7%

**Friends**
- Never: 47%
- Rarely: 32%
- Sometimes: 10%
- Often: 3%
- N/A: 7%

**Sexual Partners**
- Never: 38%
- Rarely: 24%
- Sometimes: 16%
- Often: 7%
- N/A: 14%
Conversations about HIV/AIDS

Among 18-30 year olds in the United States

Talk about HIV with Family Members
- White
  - 19% Never
  - 4% Sometimes
  - 1% Rarely
  - 8% Often
- Black
  - 37% Never
  - 13% Sometimes
  - 7% Rarely
  - 8% Often
- Latino
  - 27% Never
  - 12% Sometimes
  - 5% Rarely
  - 12% Often

Talk about HIV with Friends
- White
  - 30% Never
  - 5% Sometimes
  - 2% Rarely
  - 7% Often
- Black
  - 22% Never
  - 9% Sometimes
  - 6% Rarely
  - 33% Often
- Latino
  - 37% Never
  - 15% Sometimes
  - 4% Rarely
  - 9% Often

Talk about HIV with Sexual Partners
- White
  - 25% Never
  - 4% Sometimes
  - 12% Rarely
  - 46% Often
- Black
  - 23% Never
  - 24% Sometimes
  - 15% Rarely
  - 17% Often
- Latino
  - 24% Never
  - 24% Sometimes
  - 18% Rarely
  - 10% Often
HIV Testing and Reasons Tested (or Not)

Among 18-30 year olds in the United States

“Have you, yourself, ever been tested for HIV?”

Reason(s) have not been tested (all that apply)

- Don't believe at risk: 67%
- Doctor never suggested: 41%
- Don't know where to go: 13%
- Felt judged or embarrassed: 13%
- Worried about cost: 12%
- Worried about confidentiality: 7%
- Worried about results: 6%

Reason(s) got tested (all that apply)

- Seemed like a good idea: 69%
- Health care provider suggested: 46%
- Something you do every year: 39%
- Concerned might have been exposed: 20%
- Partner suggested: 10%
More about HIV Testing

Among 18-30 year olds in the United States who report ever being tested for HIV regarding the most recent time

“Was it part of another health visit, such as a routine check-up?”

- Part of another visit: 79%
- Went specifically to get tested: 21%

“How did you know the test was being done?”

- Told being tested: 43%
- Asked to be tested: 38%
- Part of a blood donation: 9%
- Impression, but not discussed: 10%
Self-Reported HIV Testing

Among 18-30 year olds in the United States, by race

“Have you, yourself, ever been tested for HIV?”

White
- Never: 58%
- Yes, >12 mos. ago: 26%
- Yes, w/in past 12 mos.: 16%

Black
- Never: 39%
- Yes, >12 mos. ago: 27%
- Yes, w/in past 12 mos.: 34%

Latino
- Never: 51%
- Yes, >12 mos. ago: 24%
- Yes, w/in past 12 mos.: 25%

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Talking with Health Care Providers about HIV

Among 18-30 year olds in the United States

“Have you ever talked with a doctor or other health care provider about HIV?”

- No, never talked: 63%
- Yes, within past 12 mos.: 11%
- Yes, longer than 12 mos. ago: 26%

“Has a doctor or other health care provider ever suggested you be tested for HIV, or not?”

- No, never suggested: 69%
- Yes, within past 12 mos.: 12%
- Yes, longer than 12 mos. ago: 19%

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Talking with Health Care Providers about HIV

Among 18-30 year olds in the United States, by race

“Have you **talked** with a doctor or other health care provider **about HIV**?”

- **White**
  - No, never talked: 67%
  - Yes, within last 12 mos.: 8%
  - Yes, longer than 12 mos.: 25%

- **Black**
  - No, never talked: 47%
  - Yes, within last 12 mos.: 28%
  - Yes, longer than 12 mos.: 25%

- **Latino**
  - No, never talked: 62%
  - Yes, within last 12 mos.: 10%
  - Yes, longer than 12 mos.: 20%

“Has a doctor or other health care provider ever **suggested that you be tested** for HIV, or not?”

- **White**
  - No, never talked: 72%
  - Yes, within last 12 mos.: 8%
  - Yes, longer than 12 mos.: 19%

- **Black**
  - No, never talked: 59%
  - Yes, within last 12 mos.: 25%
  - Yes, longer than 12 mos.: 16%

- **Latino**
  - No, never talked: 64%
  - Yes, within last 12 mos.: 14%
  - Yes, longer than 12 mos.: 22%
Information Needs about HIV

Among 18-30 year olds in the United States

Percent who would like more information about each of the following:

- How HIV is and is not spread: 29%
- Where to get tested for HIV: 28%
- How often to get tested for HIV: 30%
- How to bring up HIV with a partner: 19%
- Prevention options for HIV: 29%
- Treatment options for HIV: 25%
- Any Topic (at least one): 41%

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**Sources of Information about HIV/AIDS**

*Among 18-30 year olds in the United States*

“Thinking about what you know about HIV, how much of that information have you gotten from ...”

<table>
<thead>
<tr>
<th>Source</th>
<th>A lot</th>
<th>Some</th>
<th>Only a little</th>
<th>Nothing at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>School</td>
<td>34%</td>
<td>34%</td>
<td>18%</td>
<td>15%</td>
</tr>
<tr>
<td>Online search</td>
<td>30%</td>
<td>34%</td>
<td>18%</td>
<td>17%</td>
</tr>
<tr>
<td>Doctors</td>
<td>20%</td>
<td>32%</td>
<td>25%</td>
<td>23%</td>
</tr>
<tr>
<td>Social media</td>
<td>15%</td>
<td>29%</td>
<td>30%</td>
<td>26%</td>
</tr>
<tr>
<td>Other media (TV, radio, print)</td>
<td>14%</td>
<td>37%</td>
<td>30%</td>
<td>18%</td>
</tr>
<tr>
<td>Family</td>
<td>9%</td>
<td>23%</td>
<td>29%</td>
<td>39%</td>
</tr>
<tr>
<td>Friends</td>
<td>7%</td>
<td>25%</td>
<td>31%</td>
<td>37%</td>
</tr>
<tr>
<td>Religious institutions</td>
<td>2%</td>
<td>8%</td>
<td>13%</td>
<td>77%</td>
</tr>
</tbody>
</table>

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Use of Health Care Services

Among 18-30 year olds in the United States

“In the last 12 months, have you been to any of the following for your own personal health care, or not?”

- **Private Doctor**
  - Total: 55%
  - White: 65%
  - Black: 46%
  - Latino: 37%

- **Health Center (incl. PPFA)**
  - Total: 44%
  - White: 44%
  - Black: 51%
  - Latino: 41%

- **Emergency Room**
  - Total: 27%
  - White: 28%
  - Black: 35%
  - Latino: 25%

- **Any of above**
  - Total: 78%
  - White: 83%
  - Black: 80%
  - Latino: 67%

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Factors Impacting Access to Care

Among 18-30 year olds in the United States, by race

“Have you ever put off getting any type of health care for any of the following reasons, or not...?”

<table>
<thead>
<tr>
<th>Reason</th>
<th>Total</th>
<th>White</th>
<th>Black</th>
<th>Latino</th>
</tr>
</thead>
<tbody>
<tr>
<td>Worry about cost</td>
<td>45%</td>
<td>43%</td>
<td>47%</td>
<td>46%</td>
</tr>
<tr>
<td>Didn’t have insurance</td>
<td>27%</td>
<td>22%</td>
<td>38%</td>
<td>33%</td>
</tr>
<tr>
<td>Didn’t know where to go</td>
<td>21%</td>
<td>23%</td>
<td>16%</td>
<td>20%</td>
</tr>
<tr>
<td>Embarrassed</td>
<td>18%</td>
<td>20%</td>
<td>9%</td>
<td>18%</td>
</tr>
</tbody>
</table>

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Concerns about Paying for Health Care

Among 18-30 year olds in the United States, by race

“How worried are you about being able to pay for health care if you need it?”

For White:
- Not at all: 17%
- Not too: 28%
- Somewhat: 36%
- Very: 19%

For Black:
- Not at all: 15%
- Not too: 20%
- Somewhat: 34%
- Very: 31%

For Latino:
- Not at all: 9%
- Not too: 20%
- Somewhat: 41%
- Very: 29%

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